



## **High Raised Beds**

Following an excellent course at Trafford Hall on 'Creating a Sustainable Garden', we're now looking at the idea of constructing some high raised beds for the benefit of everyone in the community. By high raised beds, what we mean are planters that are roughly 24 to 30 inches high and accessible to anyone in a wheelchair. We'll be trying out the idea in an area in Ashton Hayes, but could also look at other areas if funding becomes available. We would really like to involve as many members as possible in this volunteer-led project. Perhaps you already have experience of creating your own raised beds or maybe you have ideas on how to construct them or what to plant in them?

## **How can you help?**

We appreciate that many of our members lead busy lives and are already helping others. We would like to hear from as many of you as possible, whether you want to offer suggestions or get involved at any of the various stages.

For example, you can telephone our office on (01829) 751398 to let us know your ideas.

Or, email us at [ash-worthtime@hotmail.co.uk](mailto:ash-worthtime@hotmail.co.uk)

## **Please let us know if you can:**

Join a discussion group at the planning stage - we will need to decide how to construct the raised beds and what materials to use.

Join our construction group once it has been decided how to construct the planters.

Advise at the planting stage or possibly attend a short course which would help us to decide which would be the most suitable plants to use.

Join our maintenance team. Help will be needed to maintain the raised beds on a regular basis (depending on the number of volunteers, we would probably work out a rota system which would involve a couple of volunteers helping out for one hour once a month).